



The gifts of sisterhood

2018 Spring Women's Retreat

Friday, March 9, at 5pm – Sunday, March 11, at 12pm (*Daylight Savings Begins*)
The Blockade Runner at Wrightsville Beach, NC – Register by Sunday, February 11

Led by Cate Church Norman

We'll explore:

How we develop close bonds and what expectations we have for our sisters

How being a sister helps with shifting identity during our lifetimes

The importance of re-enforcing sisterhood as friends flow in and out of our lives

Supporting and encourage sisters of all ages

Relying on sisters while navigating change

Westminster Presbyterian Church – Durham, NC | Registration form on back

Registration

Complete the form below or sign up and pay online at www.bit.ly/myWPCevent.

Name: _____

Phone: _____ Email: _____

Carpooling is encouraged. Are you willing to drive? Y / N Do you need a ride? Y / N

What time can you depart on Friday? _____

Please list special dietary needs _____

Do you need a first-floor room in the Cottage? Y / N

Shared Room (Cottage) \$200 _____ Shared Room (Hotel) \$220 _____ Single room (Hotel) \$350 _____

Hotel no longer provides free breakfast.

Roommate Request _____

Cost includes room, honorarium, materials, 2 breakfasts, and 2 dinners. Participants will contribute snacks and salads (sign-up for this will be sent after February 11). Inquire with Heather Ferguson about scholarships if needed (heather@wpcdurham.org).

Questions? Diana Monroe (dianalmonroe@gmail.com)

**Please return form with check payable to Westminster Presbyterian Church
(memo line: Spring Women's Retreat) by Sunday, February 11.**

Registrations may be accepted after February 11 if space is available. Capacity is limited to 33 attendees.

About Cate

Cate Church Norman is a pastor, spiritual director, retreat leader, and founder of Deeper Well Ministries. Cate is a Parish Associate at the Kirk of Kildaire, Presbyterian in Cary, where she served as an Associate Pastor for many years. She recently served as the Interim Campus Minister for Presbyterian Campus Ministry in Raleigh. Early in her ministry she was an Associate Pastor at Trinity Avenue Presbyterian in Durham. In her work as a spiritual director, Cate enjoys helping folks expand their spiritual practices in order to deepen their relationship with God. Cate also enjoys partnering in ministry with different congregations and has a special place in her heart for Westminster. She helped lead the WPC youth on their pilgrimage to Scotland a few years ago. She is an avid yoga practitioner and a sometimes yoga teacher, and has found practices of other faiths that have deeply enriched her spiritual life. Cate is the mother of two wild and wonderful teenage boys and the wife of her college sweetheart.